



COA 2026 Solaris Pasta Cooking Cup

Saturday, 18 April 2026

Event Instructions

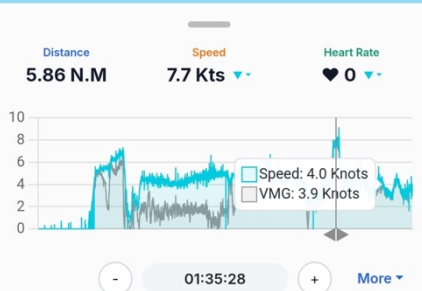
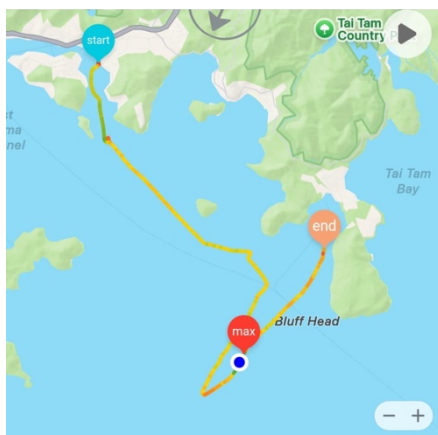
The Solaris Pasta Cooking Cup includes two sessions. First, the speed cruising session. Second, the pasta cooking session.

- Boats' total scores (low point system) in the two sessions will form their overall results in the event
- Prizes will be awarded to the boats with the lowest scores in Class in 1:3 ratio, maximum 3 prizes
- Prizes will be awarded to the Speed Cruise; Cooking and Overall Results
- Additional Prizes may be awarded at the discretion of Rally Committee

A. Speed Cruising Session Instructions

- All boats are sailing in a single PHS class.
- **Speed Cruising Session results:**
 - Boats' PHS Corrected Distance sailed in the 2 hours of speed cruising will be used as their class results
 - IRC boats will have IRC Corrected Distance for reference.
- **The Speed Cruising Session will run as Speed Cruising for 2 hours**
 - All boats will start their speed cruising session at GPS Time 10:00:00 sharp on 18 April 2026
 - All boats will finish their speed cruising session at GPS Time 12:00:00 sharp on 18 April 2026
- **Sailing Area of the Speed Cruising**
- Boats can start their speed cruising at anywhere, and sailing to anywhere, inside the cruising
- Boundary of the Cruising Area is a 6 x 15 nm area with the 4 corners of the area at the following GPS co-ordinations:
 - 22°09.000'N, 114°05.000'E;
 - 22°15.000'N, 114°05.000'E;
 - 22°15.000'N, 114°20.000'E;
 - 22°09.000'N, 114°20.000'E.
- *Remarks : Please note that you have only 2 hours' time to sailing to the finish area, Select your start & sailing locations wisely to ensure that you can enter the finish area by 12:00:00.*

- **Finish Line of the Speed Cruising**
- Boats **MUST** finish their speed cruising at 12:00:00 and have crossed the finish line in Stanley Bay
- Boundary of the finish area is a line joining the two headlands outside Stanley bay at the following GPS co-ordinations:
 - 22°12.630'N, 114°11.835'E
 - 22°11.760'N, 114°12.680'E
- Note: no spinnaker or code zero are allowed past the finish line!
- **Speed Cruising Results Declaration**
 - There will be two apps used for the results declarations. Waterspeed for tracking of the Speed Cruising Session and eStela for monitoring the finish line.
 - Both apps can run on one phone, best is two consider using one phone for each app respectively.
 - Before starting your Speed Cruising Session log onto eStela and start tracking.
 - At GPS time 10:00:00 sharp activate Waterspeed and start tracking.
 - At GPS time 12:00:00 sharp stop tracking your boat.
 - Take a screen shot of your Speed Cruising Session and the data results page and share it with the events WhatsApp group before 13:30:00. Below two examples for your reference. Please submit both pictures together and clearly lable them with your boat's name.



Sailing, Morning

06 Mar 2026 at 10:00 AM
 Hong Kong
 Reference wind (forecast): 7 Knots - Beaufort: 3

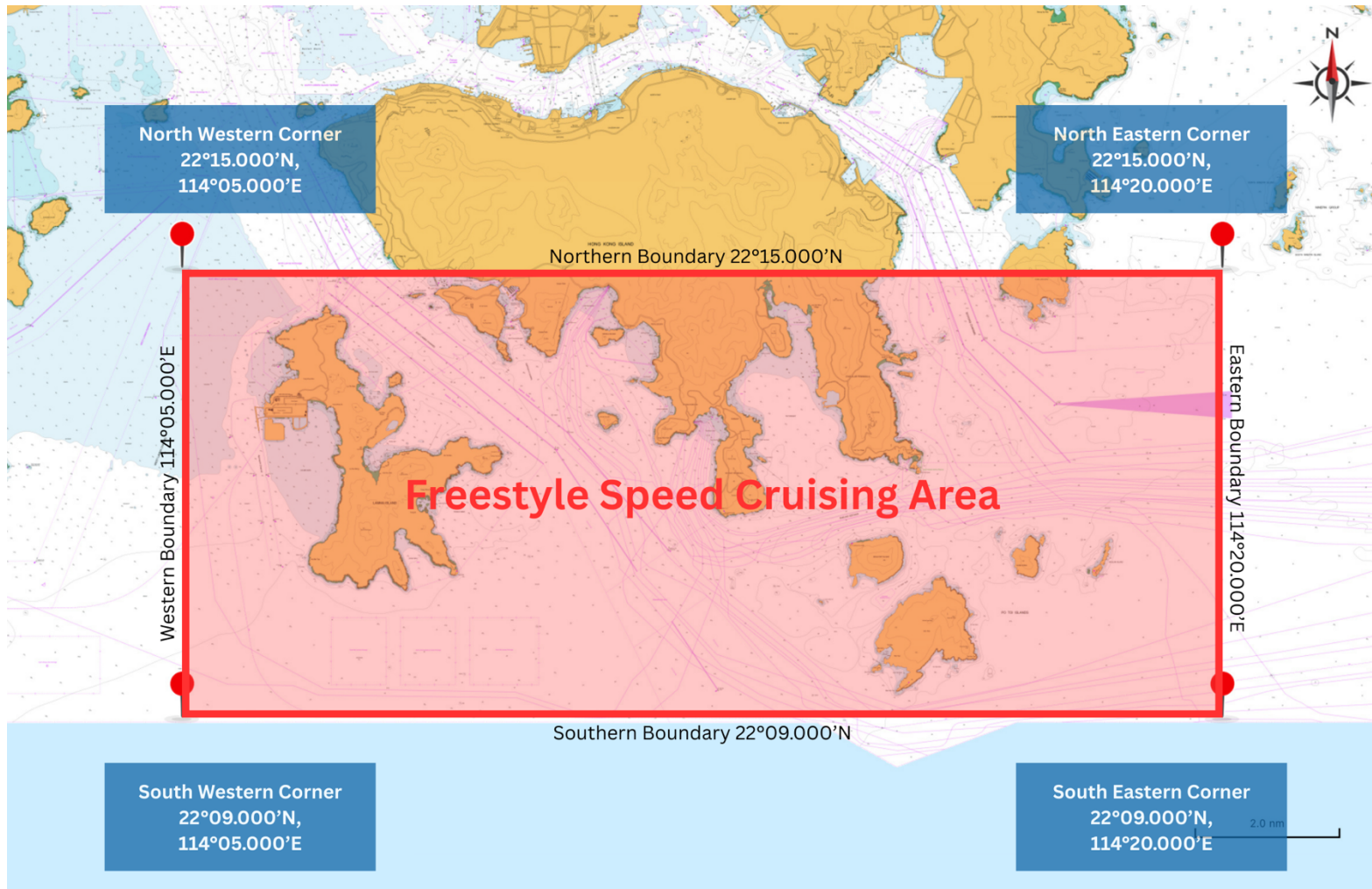
Reminder: a boat who fails to submit their Waterspeed track record before 13:30:00 will be scored DNF in the Speed Cruising Session without a hearing & is not subject to protest.

B. Pasta Cooking Session

- **After finishing the Speed Cruising Session and having crossed the finish line:**
 - Drop sails and motor into Stanley Bay, no spinnaker or Code Zero allowed past the finish line
 - Drop anchor to the south of Blake Pier ASAP
 - Consider to raft up with friendly boats to save space in the bay
 - Ensure to submit your Waterspeed Speed Cruising Session track before you drop your anchor
 - The track record is essential to calculate the results on the same day.
- **Once the anchor has been dropped safely:**
 - Call the collection team at +8522597731 (Captain Wing Fai)
 - A speed boat will deliver a numbered collection box and a bottle of wine to your boat
- **Cook your own pasta on board within 1 hour (Time limit: last submission by 14:00:00)**
 - No pre cooking is allowed, take a picture of the raw ingredients & the cooking process and share it in the event's WhatsApp group
 - Take a picture of the finished dish but do not post it until the cooking result has been published. This is for interest only and will not effect the judging.
 - Cook enough pasta to feed your crew and three judges.
- **Use the numbered paper meal box received to send a cooked portion of the pasta to the judges' boat.**
 - There are three judges, ensure there is enough pasta to savour for all three of them
 - Mark the name of your dish (if any) but NOT the name of your boat on the top of the box
 - The box is numbered already for the Race Officer to track which pasta was submitted by which boat
 - The judges will not know which pasta was submitted by which boat
 - Call the collection team at +8522597731 (Captain Wing Fai)
- **Go ahead and enjoy your pasta together with the sponsors' bottle of wine for lunch**
 - There will be no prize giving on the day of the event.
- **Results will be announced in the events WhatsApp group ASAP.**
 - A boat's overall results will be her Speed Cruising Result + Cooking Competitin Result on a Low Point Scoring System
 - The event ends for you once the pasta is collected. You may continue by enjoying your pasta and sailing back to your mooring.
 - The judging team will continue tasting all the pasta

C Speed Cruising Area – Inside the red box (6 nm x 15 nm)

Remarks: Boats can start from anywhere and sailing to anywhere inside the cruising area within 2 hours. Boats mus NOT sail along the Lamma and Tatong Shipping Channels apart from crossing the channels at 90°. Boats MUST give way to the commercial vessels within the Lamma and Tathong Shipping Channels. Boats will listen to the VHF Channel 12 during the event.



D. Speed Cruising Finish Line – Finish Area past the Finish Line in Stanley Bay

